

# My Key Must-know/Must-do Teaching Topics and Teaching Points Worksheet Example – Clinical



## A. Teaching Topic:

What to expect and look for with a cold (**Note:** how to take care of cold symptoms is a different teaching topic with its own 2-3 teaching points.)

## Teaching Points:

1. Colds are caused by viruses and do not need antibiotics.
2. They usually last about 10-12 days. They might get a little worse before they gradually get better.
3. Check with your provider if your cough lasts more than 2 weeks, or you have a new fever or worse symptoms after you started getting better
- 4.

See [Must-know Must-do Concepts](#), [Must-know Must-do Worksheet](#), and [Must-know Must-do Worksheet - Example – Public Health](#).